

PSAC BLAST 07/29/24

The PSAC WEBSITE [Peninsula Senior Activity Center \(psac.site\)](http://psac.site)

Announcements:

- Need Help with your electric bill? See attached
- VOLUNTEER OPPORTUNITY FOR THE PSAC COMMUNITY:
 - Volunteers will sit with 3rd, 4th, 5th grade students, listen to them read, and help them when they are having problems with the text. Each session with a child is 15-20 minutes and the volunteer will make notes in each child's file. (see attached)
- Discount Cards now for sale at PSAC, Kraken Kafe, Romeo's Pad, Purely Shell Fiber Arts, and Bay Avenue Gallery and the Pie Lady
- Time for a cruise! Limited time deal. Caribbean 7 Night Escorted Cruise (see attached)
- Electric Wheelchair Scooter with 2 new batteries. ~~\$500~~ \$400 OBO
- Electric Scooter that is all charged up and ready to go @ ~~\$600~~ \$500 OBO

July Events: (call 360-665-3999 to RSVP)	
July 30 th	Dessert BINGO!!! 1 - 3 pm. \$5 per person covers the refreshments!! Bingo is free!! Winners choose from dessert table.
July 31 st	Senior Information and Assistance Office. 9 am to Noon. Walk-ins or call 360-642-3634 for an appointment
August Events: (call 360-665-3999 to RSVP)	
August 4th	Grief Counseling, w/ Robin from Harbour Home Health. 2 pm.
August 6 th	Get Fit, Eat Right, 2:00 pm
August 9th	Early Harvest Flower Festival. Canceled
August 9th	Twilight Garage Sale & Ice Cream Sundae Bar 5:00-8:00 pm
August 10th	Breakfast - Banana Bread French Toast. \$9. 8:30 - 10 am.
August 13th	Building Garden and Homestead Structures w/ Bryan West. 1 pm and 6 pm. \$1
August 14th	Book Mobile at PSAC. 10:30 to 11:30 am.
August 15th	Dinner. Low Country Boil and Bingo!!! Shrimp, sausage, corn on the cob, potatoes, onions and lemon all baked in a foil packet. Bingo after dinner 5pm. \$15 per person. Please RSVP by Aug. 13th
August 20th	Smart Homes 4 Smart Living with Lynn Westfall. The "Modem Lisa!!! 1 - 3 pm \$30.
August 21st	Otago Check-in. 1:30 - 3 pm. Sponsored by Ocean Beach Hospital.
August 24th	Breakfast - ??? 8:30 - 10 am
August 27th	Dessert BINGO!!! 1 - 3 pm. \$5 per person covers the refreshments!! Bingo is free!! Winners will be able to choose an item from the dessert table!! So you

	could win a pie, plate of cookies, cake, quiche or ??? Come try this new event at PSAC!!!
August 29th	Arthritis Pain Management. 1 - 4 pm. Sponsored by Ocean Beach Hospital.
August 30th	Tillamook Air Museum and Creamery Trip. Cancelled
August 30 th	Garage Sale 9:00-2:00, Lunch 11:00-1:00
August 31 st	Garage Sale 9:00-2:00, Lunch 11:00-1:00