

Free

GAZETTE

Your Free Monthly Guide to PSAC Happenings!

President's Letter
October 2024

Bang, Bang! Bang, Bang, Bang! Bang! Bang, Bang, Bang!! These are the wonderful sounds we now hear everyday at PSAC. The new building is going up! The framing is all done! (Stop by and peak out the doors to see the floor plan). The doors and windows are coming in another week. We are off to find new flooring next week. The shingles are on the new addition. And soon, the old roof, on the original building will be re-shingled!! It has been 22 years for the roof! Removing the old shingles shows no water damage or mold under the roofing to the decking, so we only have to replace the shingles!!! YEAH!! It's another big hit to the budget!! Oh well!!!!

Make sure you stop by and buy your raffle tickets for the September Raffle Basket (includes a \$50 gift card to Olive Garden)! The October Halloween Basket (Halloween quilt, banner, candy and treats and the coveted glass pumpkin) and raffle tickets for the two, Rod Run T-shirt Quilts!!!

Here's a head's up for all you Veterans!!! The Annual **Veterans' Day Lunch** is November 11th, noon, at the Moose Lodge. Please **call 360-214-8213 to RSVP**. Lunch includes Pot Roast with potatoes, carrots and onions, salad, roll and a piece of pie!!! We need a good head count to make sure we have enough pies for everyone!!! As usual, this lunch is for **VETS ONLY!!!!** Come enjoy a meal with your fellow veterans!!!!

It is time to start signing up for the trip to the Verboort Sausage and Sauerkraut Festival in Forest Grove, OR. Saturday, November 2nd, we will meet at PSAC and carpool over to the Festival. More info and maps will be available the week before we leave. All the information is in John's Corner!!!

Our annual October Fest Dinner is coming up on October 11th... all the usual German food for dinner and our first try at karaoke and dancing after dinner!!! Guys!!! Get your lederhosen out to wear and show off those knees!!! If you wear the hosen, I'll give you a free beer!!!! HA HA!!!

And last, the annual Halloween Dinner and Costume Contest!!! Surf and Turf on the menu this year!!... Prime Rib French Dip Sandwich with a skewer of Shrimp, salad, veg, dessert. And, we will start the evening off with a Magic Show at 5 pm, then dinner at 6 pm. \$25 per person for members, \$30 for non-members!!! Don't forget to wear your costume and win tickets to future meals, and our New Year's Eve Prime Rib Dinner!!!

See you at PSAC sometime this month!!!

John Vale



OCTOBER BIRTHDAYS

Ice Cream Social
will be on the 3rd
Monday of the
month at 2:00 pm.
This month it will be
on October 21st

HAPPY BIRTHDAY!!!

Please join us
EVERY month
for our Ice
Cream Social.
We celebrate
those that
are having a
birthday that
month, but
ANYONE can
come have
cake and ice
cream!

David	Aase	10/31	Deanna	Gleb	10/30	Georgia	Mourikis	10/11
Barbara	Bailey	10/26	Michael	Gruber	10/13	Norma	Nash	10/25
Louise	Bailey	10/9	Debora	Gustafson	10/11	Ellen	Norris	10/12
Nancy	Bean	10/30	George	Hall	10/16	Kim	Nuesse	10/8
Pam	Bomar	10/26	Jan	Harris	10/9	Don	Pape	10/25
James	Bryan	10/12	Rick	Healy	10/19	Bobbi	Passant	10/25
Danny	Burnett	10/31	Laura	Holmes	10/31	Janice	Radomski	10/10
Robin	Cameron	10/4	Richard	Jacobson	10/4	Mike	Ragsdale	10/13
Vicki	Carter	10/9	Bonnie	Joy	10/31	John	Rahm	10/3
Jon	Chambreau	10/17	John	Justh	10/23	Janet	Reyes	10/10
Cheryl	Cheney	10/3	Kathrine	Justh	10/21	Ethel	Runyan	10/2
Yvonne	Clark	10/28	Muriel	Kiss	10/18	Lex	Saler	10/12
Teresa	Collins	10/26	Larry	Knowles	10/12	Brent	Sanchez	10/19
Debra	Coss - Fricke	10/23	John	Kosta	10/29	Sonny	Savioli	10/12
Linda	Coughlin	10/11	Cassandra	Lane	10/7	Lisa	Schaffer	10/13
Greg	Cox	10/2	Lora	Lane	10/27	Marsha	Scripter	10/20
Elizabeth	Curran	10/14	Bonnie	Larini	10/25	Ruth	Sheldon	10/10
Sally	Dawson	10/1	Sara	Lay	10/16	Pam	Stephens	10/13
Vito	DeBellis	10/10	Craig	Lilly	10/13	Michael	Stevenson	10/24
Lori	Deditius	10/23	Dale	Lloyd	10/21	Irene	Stewart	10/25
Juliette	Diamond	10/31	Patricia	Loftin	10/7	Kenton	Storm	10/4
Michelle	Edwards	10/3	Martha	Lopez	10/29	Sandra	Thissell	10/1
Wendy	Emo	10/2	Diane	Mangels	10/3	Beth	Tripp	10/9
Patsy	Fix	10/18	Helen	Marston	10/19	Linda	Tryon	10/27
Bryan	Foster	10/1	Gloria	Martin	10/9	Janice	Wacker	10/1
Harmony	Frazier	10/11	Phillip	Martin	10/1	Shannon	Walker	10/2
Cate	Gable	10/17	Jean	Matthew	10/25	Gerry	Walsh	10/27
George	Gana	10/1	Carolyn	McDowell	10/14	John	Williams	10/26
			DuWayne	Mott	10/22	Shelley	Williams	10/30

Contact the PSAC Office to reserve a table at Our annual Christmas Bazaar which is at the end of October for 2 days!! We will have over 20 vendors, many new for the first time at PSAC. We will be serving lunch with our famous Taco Soup, which we only serve at this Christmas Event!!

Peninsula Senior
Activity Center
21603 "O" Place
Ocean Park WA 98640

360.665.3999

OFFICE HOURS:
MONDAY-FRIDAY

9:00 am—4:00 pm

Email: PSAC@PSAC98640.org

See us on Facebook at:

Peninsula Senior Activity Center

The Peninsula Senior Activity Center

is a 501(c) (3) non-profit organization.

We receive no funding from county, state
or federal sources.

PSAC Officers

President - John Vale

Vice-President - Bob Tripp

Secretary - Billie Warrick

Treasurer - Billie Warrick

Board Members

Monika Garrett

Debbie Mansell

Nanci Main

Dale Valdivia

Board Meetings

2nd Friday of each
month 10:00 AM

Office Supervisor


Fred Carter

Facebook

Robyn West

PSAC Gazette Editor

Billie Warrick

 Peninsula Senior Activity Center



PSAC Diversity Statement

At PSAC, diversity and inclusion are important to us. We strive to build an inclusive culture that encourages, supports, and celebrates the diverse voices of our members and volunteers. Any article, image, ad, etc. in this publication which seems to contradict the goal of diversity is unintentional and we regret any discomfort that may have resulted. Diversity fuels our innovation and connects us closer to our community which we continually strive to serve.

CLASSIFIEDS

360-665-3999 to place your ad | email: PSAC@PSAC98640.org

Ads Wanted only \$5.00 for 3 lines (45 characters per line). Additional lines \$1.00 each. Sell those unwanted items. Find help or find work. Maybe you have a place to rent or are looking for a rental. Having a garage sale? Lost or found something. **Call 360-665-3999 to place your ad.** PSAC Gazette is email/snail-mailed to 500 recipients. An additional 500 copies are distributed on the Long Beach Peninsula and in Astoria, OR. **ADS MUST BE PLACED BY THE 15TH OF THE MONTH PRECEDING THE NEXT GAZETTE.**

For Sale—Raised Cedar Planters, \$350. Free deliver to Long Beach area. Includes (for April/May) 60 gal. organic compost, 1 sm. bag each of peat moss/perlite, Pea Fence (for climbers). Text Dale 360-431-7061. Preces will go up next year!!!

New Music CD from Pete Hanner!

Pete Hanner started singing at the Peninsula Senior Activity Center soon after he and his wife Martha moved to the peninsula years ago. Our beloved crooner had a sweet tenor voice and a kind spirit that no one could forget. As his friend and accompanist, I had many chances to play for Pete at the center and in community talent shows. I'll never forget him singing Louis Armstrong's "What a Wonderful World" at the River City Playhouse. I think he was 99 at that time! Purchase at the PSAC Office.

Professional female seeking reasonable housing or room to rent. Has a cat. Call 360 665-3999 for information. Letters of reference on request.

For Sale: 2011 Yamaha YW125 Zuma Scooter w/added windshield \$2,000.00
2015 Yamaha XL155FL Scooter. \$2,250.00.

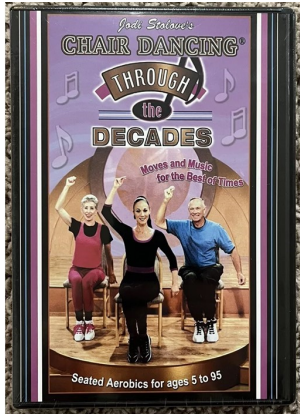
If interested, text me 360-244-1404

Seamstress- Muriel Baker: Alterations and Mending. **Hems in a hurry.**
306 Main & 2nd St., Ilwaco 503-791-4596

PSAC Mission

To work toward the enhancement of the social, intellectual, physical and mental health and well-being of the citizens of the Long Beach Peninsula and South Pacific County over the age of fifty (50).

Focus on Wellbeing!!!!



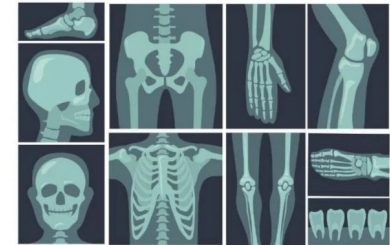
Class you might want to try out!!

"Dancing Through the Decades gets your heart rate up for aerobics and the newly added, Chair Tai Chi, cools you down - both exercises work your entire body!! Good for your health and a fun classes!" says instructor Debbie Wells. Join the fun on Tuesday's at 10:00.



Better Living with Arthritis

Thursday, October 24 : 1-2:00pm



- Osteoarthritis & rheumatoid arthritis
- Decrease pain & inflammation
- Relief remedies and exercise tips
- Protection of joints Nutrition advice



Led by:

Andy Lakanen,
Certified Dietician
& Nutritionist



Pete Hassanzadeh,
Occupational
Therapist



Class location:

Peninsula Senior Center
21603 O Lane
in Ocean Park



FREE!

- Food distribution, COVID information & supplies, & assistance connecting to resources.
- Serves Olympic Area Agency of Aging counties: Clallam, Grays Harbor, Jefferson, and Pacific
- Visit o3a.org/mav for scheduled events or call 564.212.0662. Email: mavofgh@gmail.com
- No identification or documentation required.

CHINOOK

Food Bank
810 US-101, Chinook
Thursday, 1pm-3pm
October 17th
November 21st
December 19th

ILWACO

Food Bank
116 1st Ave South
Friday, 11am-1pm
October 25th
November 22nd
December 20th

OCEAN PARK

Food Bank
1601 Bay Ave
Thursday, 10am-12pm
October 24th
November 21st
December 19th

RAYMOND

Church of Jesus Christ
of Latter Day Saints
245 Jackson Ave
Weds 11am-12:30pm
October 2nd
November 6th
December 4th

TOKELAND

Food Bank
2405 Elm Ln
Friday 8am-8:30am
October 11th
November 8th
December 13th

FLU SHOTS!!!

John is working with the Peninsula Pharmacy to get flu shots scheduled. As soon as they know when they will get them in, we will be scheduling them. Watch the weekly Blasts for more information.

Ghosts at the Battlefield

Kathy Vale

Before we moved to the beach, John and I lived in Montana. We had a cute little house in Hardin, just 15 miles or so from the Crow Indian Reservation and Custer Battlefield.

You have all heard about George Armstrong Custer, I'm sure. He has made his way into all the history books. And you have all heard about how he met his fate, at the top of the hill they now call Last Stand Hill. It is now an historic site, and thousands of people visit it each year.

Since we lived close by, I had a chance to see Last Stand Hill up close and personal! Friends of mine lived near the base of the hill, and asked me if I would like to come over for a ride, right near the boundary of National Park land, but on their property. Of Course I said yes! The guys saddled the horses, and off we went to the south. It was an eerie ride, just at dusk, and I was uneasy, being in such an historic place, and having heard the stories about the ghosts who have been there, now for more than 100 years.

The ride was one of the spookiest experiences of my life. I felt the ghosts of the soldiers all around us, as well as the ghosts of the Indian warriors who just wanted to protect their homes and families. In our rush to hear the story, we have not heard about the families who just wanted a peaceful life. Having Indian guides that evening, riding their horses, in the valley below Last Stand Hill, made the experience of the battle broader than the history books portray. We often do not see all sides of anything. When I was a kid, and heard about Custer's Last Stand, I never really thought about the people who would be protecting their homes and families that day long ago.

Since the ride that evening, I have found out there are warrior ghosts on Lost Stand Hill who have appeared frequently, but only briefly. Indian decedents of these warriors have reported these sightings.

When our ride was over, our hosts unsaddled the horses, and we were all back to reality..... Ghosts continue to be seen and heard at the Battlefield today. It is usually at Last Stand Hill, and they only stay briefly. Most of the time they are here to remind us they are still around, ready to tell the story and hope that someone is listening.

Kathy Vale

PSAC READERS: Many of us vividly remember the Columbus Day Storm. I would like to capture your memories and compile them into a story!! Please send yours to Kathy Vale <kvale_1998@yahoo.com>



PSAC BUILDING EXPANSION UPDATE

Pictures are worth 1,000 words!!!!
Completion expected in early 2025



PSAC BUILDING EXPANSION UPDATE

Meanwhile, fund raising continues

A FUN-FUND RAISER for PSAC BUILDING



A PSAC Special Event

Sail on the *ms Norwegian Escape*

Caribbean 7 Night Cruise from Galveston December 13, 2024
NCL Corporation will make a Donation to PSAC for each Cabin Sold.

Rates: Include Taxes and Port charges

Cabin Category Available

Balcony+ From -----\$1,166.68

Outside cabins From----\$1,105.68

Inside From-----\$956.13

Cabin Rates Included:

- ❖ Alcohol Beverage/Soda Package first 2
- ❖ 2 Specialty Dining Package-balcony and above cabin categories
- 1 Special Dining for Outside & Inside Cabins
- ❖ \$50 Shore Excursion Credit/cabin
- ❖ 150 minutes Internet WiFi package/person

Items not in Basic rate include:

- ✓ Air
- ✓ Crew Gratuities (\$140/person)
- ✓ Drinks and Special Dining Packages Tips
- ✓ Transfers and any hotels arrangements
- ✓ Personal items such as Laundry
- ✓ Travel Insurance

PSAC Group Booking Only Through
 Ron & Nancy Schnitger PSAC Members
 Phone: 360-244-1817 Questions or Booking
 360-762-8962

Email: ronnan@centurytel.net

Affiliated with Sundial Travel & Cruises



Warm White Sandy Beaches



View Ancient Mayan Ruins

Final Payment Due at time of booking



Caribbean Cruise?



December at Home?



HELP US raise money to expand & build a new Senior Activity Center!

DISCOUNT CARD

Supporting the **PENINSULA SENIOR ACTIVITY CENTER**

21603 O LANE, OCEAN PARK www.pfac.site

**EXPIRES JUNE 30 2025
 BUY DISCOUNT CARDS HERE**

GREAT THANK YOU GIFT
 for those that give you a helping hand



REWARD YOUR EMPLOYEES FOR A JOB WELL DONE

Date Night getting a bit too spendy?

Use your Discount Cards for Dinner and a Movie and save a BUNCH

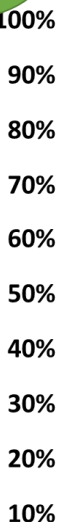
WHERE TO BUY YOUR COUPON CARD

- PSAC OFFICE
- KRAKEN KAFE
- Romeo's Padurely Shell Fiber Arts
- Bay Avenue Gallery
- Pie Lady

As of 'September 20th

\$300,000

\$189,743.23



John's Juicy Morsels



John's Corner
October 2024

Please note that October Breakfast is the 1st and 3rd Saturdays this month, due to other scheduled events!!! Hope to see you are one of our breakfasts. They are the cheapest around!!! Where can you get pancakes, eggs, sausage, juice and all the coffee you can drink for \$8!!!! We also offer Texas French Toast, Biscuit and Gravy and a different Breakfast Special each time!!!

I hope you will plan to attend our October Fest Dinner, featuring our great German Food!!! Plus we are going to try a little Karaoke and Dancing after the meal!!! Karaoke will be on our big screen TV just like our new Bingo!!!!

Please make sure to attend our last garage sale of the season!!! Everything is $\frac{1}{2}$ off!! This is the time stock up on Christmas Gifts, new decorating items, and all those things you have been eyeing in the Annex, but just couldn't bring yourself to buy!! Plus, on Saturday, from noon to 2 pm, you can buy a big paper bag for \$5 and fill it to the brim!!!! Come early to shop for the best selections!!! And stay for a little lunch each day!

Remember to check out our trip to the Verboort Sausage and Sauerkraut Festival in Forest Grove, OR. We will carpool from PSAC at about 8am. Then spend the rest of the morning scouting out all the activities at the Festival and ending the day with their famous Sausage Dinner, around noonish!!! The Office will have all the details and sign up information!!!

October Events:

Oct 2nd - Senior Information and Assistance Office. 9 am to Noon. Walk-ins or call 360-642-3634 for an appointment.

Oct 5th - Breakfast - Special - Pumpkin Pancakes, eggs, sausage!! \$9. 8:30 to 10 am.

Oct 6th - Grief Counseling, w/ Robin from Harbors Home Health. 2 pm.

Oct 8th - "Market Display Tables That Sell" with Bryan West, "The Happy Homesteader". 1 pm and 6 pm. \$1.

Oct 9th - Senior Information and Assistance Office. 9 am to Noon. Walk-ins or call 360-642-3634 for an appointment.

Oct 9th - Timberland Library Book Mobile. 10:30 - 11:30 am. Come check out a book from Emily!!!! Stop by and see the new portable books on tape! You check out a little device that has the book on it. Just add headphones and a battery and you are all set for a good listen anywhere!!! Just return the little device like a book. This is really neat!!!!

Oct 11th - **OCTOBER FEST DAY!!!**

$\frac{1}{2}$ price Annex Sale. Everything $\frac{1}{2}$ off! 9 am to 2 pm.

Late Harvest Festival. 9 am to 3 pm. Vendors in Main Event Room!!

October Fest Lunch! Brats, Polish Sausage, Curry wurst, Hot Dogs, German Baked Beans. 11 am to 2 pm.

October Fest Dinner . 6 pm. Jaeger Pork Schnitzel, Hot German Potato Salad, Sweet and Sour Cabbage, German Rye Bread and German Chocolate Cake!! \$15 per person. Please RSVP. You are welcome to bring your own beer!!! October Fest Karaoke and Dancing. After dinner to 10 pm.???

Oct 12th - $\frac{1}{2}$ price Annex Sale. Everything $\frac{1}{2}$ off! 9 am to 2 pm. Noon to 2pm, fill a large paper bag full of stuff for just \$5!!!!

Oct 12th - Garage Sale Lunch. 11am to 1pm. Taco Salad, Hot Dogs, Brownies!!!!

Oct 15th - Exploring Practical Eco-Friendly Tech. With Lynn Westfall. The "Modem Lisa". 1 pm. \$30.

Oct 16th - Senior Information and Assistance Office. 9 am to Noon. Walk-ins or call 360-642-3634 for an appointment.

Oct 19th - Breakfast - Special - Raspberry Stuffed French Toast. \$9. 8:30 to 10 am.

Oct 19th - Basket Guild. 11 am.

Oct 23rd - Senior Information and Assistance Office. 9 am to Noon. Walk-ins or call 360-642-3634 for an appointment.

Oct 24th - Christmas Bazaar Set-up. 4 to 6 pm.

Oct 25th - Christmas Bazaar. Over 20 vendors to start your Xmas Shopping!. 9 am to 4 pm.

Oct 25th - Christmas Bazaar Lunch. 11 am to 2 pm. Come try our Taco Sou! We only make this at this time of the year!!!

Oct 26th - Christmas Bazaar. Over 20 vendors to start your Xmas Shopping!. 9 am to 4 pm.

Oct 26th - Christmas Bazaar Lunch. 11 am to 2 pm. Come try our Taco Soup, we only make at this time of the year!!! Plus other items!!!

Oct 29th - Bingo!! 1 pm. \$5. Come win a choice of desserts to take home!! Dessert and drinks will be served during Bingo.

Oct 30th - Senior Information and Assistance Office. 9 am to Noon. Walk-ins or call 360-642-3634 for an appointment.

Oct 31st - Halloween Party with Dinner and a Magic Show!! We will start the evening off at 5 pm with a Magic Show featuring Seth Nolen from "The Magic Shop and More" in Astoria. We will have a snack and beverages to enjoy during the show. I'm sure the Magician doesn't care to hear an audience with tummies growling!!! Ha Ha. Around 6 pm, dinner will start, featuring Surf and Turf!!! A prime rib sandwich with a skewer of shrimp, veg., dessert!, Members \$25 per person. Non-Members \$30 per person. RSVP A MUST!!!! Please call the Office, 360-665-3999 to reserve your seat. Costume Contest and prizes after dessert!

November Events:

Nov 2nd - Verboort Sausage Festival, Verboort, Oregon!!! We will be carpooling to this event!! Kathy and I have gone several times!! You go for the family style dinner over 8000 served). But get there early enough so you can buy some of the 14 - 16 tons of sausage they make each year. We have also found vegetables and homemade sauerkraut to buy. Stroll the grounds and visit the Bazaar, play Bingo, shop the bake sale and craft tables and sit and enjoy the Beer Garden!! The Church and Festival is located on NW Visitation Rd. Forest Grove, OR. Tickets for the dinner are \$23 per person. Please RSVP at PSAC Office. Tickets go on sale at 10 am at the event!! We will make sure we are in line early, to buy our group of tickets for the dinner. They are not selling tickets online or early this year!!! Dinner includes, all-you-can-eat, Verboort Sausage, Sauerkraut, Mashed Potatoes/Gravy, Applesauce & Salad, Green Beans, Dinner Roll, Slice of Apple or Lemon Meringue Pie!!

Event Times!!

9 am Sausage and Sauerkraut Sales, Gym/Bazaar/Country Store

10 am Ticket Sales

11 am Bingo, Dining Hall

12 pm Beer Garden

Nov 3rd - Grief Counseling, w/ Robin from Harbors Home Health. 2 pm.

Nov 6th - Senior Information and Assistance Office. 9 am to Noon. Walk-ins or call 360-642-3634 for an appointment.

Nov 9th - Breakfast - ???

Nov 11th - Veteran's Day Lunch. Noon. Moose Lodge. This free lunch is only for Veterans!!! Pot roast, potatoes, carrots, onions, salad, roll & butter, pie. Please RSVP at 360-214-8213. We want to make sure we have enough pie for everyone attending!!!

Nov 12th - Managing Your Market Table with Bryan West, The Happy Homesteader! \$1. Workshops at 1 pm and 6 pm.

Peninsula Senior Activity Center (PSAC) Monthly Calendar

For more information contact:
 Phone: 360.665.3999 or
 E-Mail:
 PSAC@PSAC98640.org

October, 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	1	2	3	4	5
	9:00 S.A.I.L. 10:00 Tai Chi 11:00 Chair Yoga 1:00 Cribbage 12:30 Quilt Guild Mtg 3:00-4:30 Line Dancing	9:00 Zumba 10:00 Chair Dancing through the Decades and Chair Tai Chi 11:00 S.A.I.L. 12:00 Bridge	9:00 S.A.I.L. 9:00-12:00 Sr Info/Assistance 10:00 Yoga 11:00 Chair Yoga 12:30 Pinochle 1:00 Blood Pressure Checks 1:00 Mahjong	9:00 Zumba 10:00 Tai Chi 11:00 S.A.I.L. 12:30 Pinochle	9:00 Open Sew 5:30 Game Night	Breakfast – Special – Pumpkin Pancakes, eggs, sausage!! 8:30 to 10 am.
6	7	8	9	10	11	12
2:00 Grief Counselling	9:00 S.A.I.L. 10:00 Tai Chi 11:00 Chair Yoga 1:00 Cribbage 3:00-4:30 Line Dancing	9:00 Zumba 10:00 Chair Dancing through the Decades and Chair Tai Chi 11:00 S.A.I.L. 12:00 Bridge 1:00 Market Display Tables That Sell 6:00 Market Display Tables That Sell	9:00 S.A.I.L. 9:00-12:00 Sr Info/Assistance 10:30 Bookmobile 10:00 Yoga 11:00 Chair Yoga 12:30 Pinochle 1:00 Blood Pressure Checks 1:00 Mahjong	9:00 Zumba 10:00 Tai Chi 11:00 Finance Cmt. Mtg. 11:00 S.A.I.L. 12:30 Pinochle	9:00—2:00 Half Price Garage Sale 9-3 OCTOBER FEST DAY!! Vendors in Main Room 11-2pm.Lunch! Brats, Polish Sausage, Curry wurst 6 pm October Fest Dinner Karaoke and Dancing after dinner	9:00—2:00 Half Price Garage Sale 11:00—1:00 Lunch Taco Salad, Hot Dogs, Brownies!!!!
13	14	15	16	17	18	19
	9:00 S.A.I.L. 10:00 Tai Chi 11:00 Chair Yoga 1:00 Cribbage 12:30 Quilt Guild Mtg 3:00-4:30 Line Dancing	9:00 Zumba 10:00 Chair Dancing through the Decades and Chair Tai Chi 11:00 S.A.I.L. 12:00 Bridge 1:00 Exploring Practical Eco-Friendly Tech	9:00 S.A.I.L. 9:00-12:00 Sr Info/Assistance 10:00 Yoga 11:00 Chair Yoga 12:30 Pinochle 1:00 Blood Pressure Checks 1:00 Mahjong	9:00 Zumba 10:00 Tai Chi 11:00 S.A.I.L. 12:30 Pinochle	9:00 Open Sew 5:30 Game Night	8:30 – 10 am. Breakfast – Special – Raspberry Stuffed French Toast. 8:30 to 10 am. 11:00 Basket Guild
20	21	22	23	24	25	26
	9:00 S.A.I.L. 10:00 Tai Chi 11:00 Chair Yoga 1:00 Cribbage 2:00 Ice Cream Social 3:00-4:30 Line Dancing	9:00 Zumba 10:00 Chair Dancing through the Decades and Chair Tai Chi 11:00 S.A.I.L. 12:00 Bridge	9:00 S.A.I.L. 9:00-12:00 Sr Info/Assistance 10:00 Yoga 11:00 Chair Yoga 12:30 Pinochle 1:00 Blood Pressure Checks 1:00 Mahjong	9:00 Zumba 10:00 Tai Chi 11:00 S.A.I.L. 12:30 Pinochle	9 am to 4 pm Christmas Bazaar 11-2 Christmas Bazaar Lunch	9 am to 4 pm Christmas Bazaar 11-2 Christmas Bazaar Lunch
27	28	29	30	31	1	2
	9:00 S.A.I.L. 10:00 Tai Chi 11:00 Chair Yoga 1:00 Cribbage 3:00-4:30 Line Dancing	9:00 Zumba 10:00 Chair Dancing through the Decades and Chair Tai Chi 11:00 S.A.I.L. 12:00 Bridge 1:00-3:00 Dessert Bingo	9:00 S.A.I.L. 9:00-12:00 Sr Info/Assistance 10:00 Yoga 11:00 Chair Yoga 12:30 Pinochle 1:00 Blood Pressure Checks 1:00 Mahjong	9:00 Zumba 10:00 Tai Chi 11:00 S.A.I.L. 12:30 Pinochle 5:00 Halloween Party with Dinner and a Magic Show!!	9:00 Open Sew 5:30 Game Night	

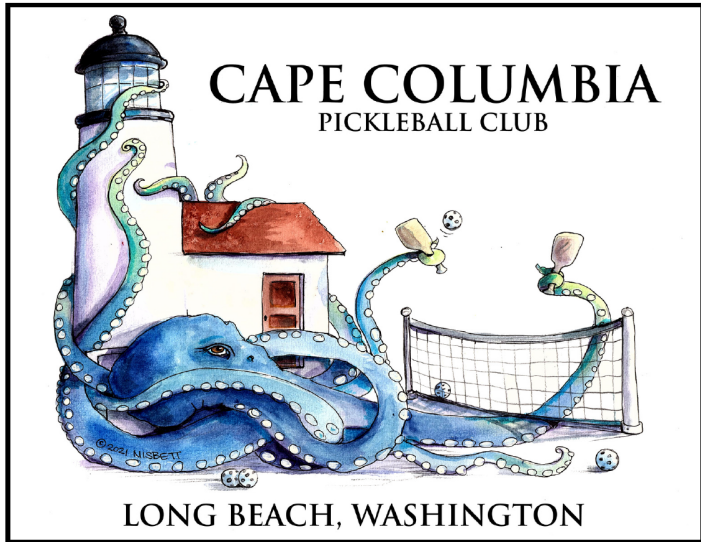
*Committee Meetings

Finance 10:00 2nd Thursday of month

Fundraiser/Programs 9:00 2nd Friday of month

Board Meeting 10:00 2nd Friday of month

Daily Open Play Pickleball



LIGHTHOUSE
OCEANFRONT RESORT

Scan this for more
Pickleball Information
Beginner Clinics, Camps &
Private Lessons



Lighthouse Oceanfront Resort
12417 Pacific Way, Long Beach 98631
Email: Pickleball@lighthouseresort.net

12 - 2 pm Daily
5\$ Per Person
All Ages & Levels

VOTE

Check your registration by going to

[https://voter.votewa.gov/
portal2023/login.aspx](https://voter.votewa.gov/portal2023/login.aspx)

LEGAL ADVOCACY YOU CAN DEPEND UPON
37 Years of Successful Legal Experience

Personal Injury / Wrongful Death
DUI & other Criminal Defense

Estate / Medicaid Planning & Probates

**GUY GLENN
LAW FIRM**

Guy M. Glenn

Nathan L. Needham

12305 Sandridge Road, Long Beach, WA 98631
360-642-2332
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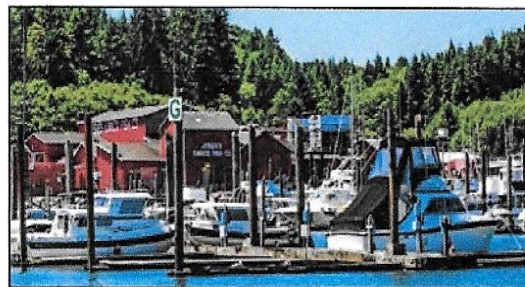
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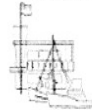


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Pacific Trading Co., Ilwaco, WA
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North County

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Crisis text line:
"HELLO" to 741741

Crisis Support Net-
work
1-800-HELP CSN



Kelly Freese, DVM

(360) 642-2232

fax
(360) 642-2025

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**A Simple
Gesture**



Ocean Park Food Bank

A "Simple Gesture" is a door-to-door food collection program that makes it easy to help our neighbors put food on their table! No worries about delivery or pickup. All you have to do is fill the green bag given to you, and leave it on your porch!

For more information contact:

601 Bay Ave, Ocean Park WA, 98640
Tues - Fri 10:00am-3:00pm
360-665-6567

Shelly Pollock, Owner / Kenny Osborne, Agent

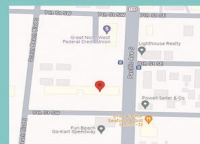
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 WA 98640

To:

THE VOICE OF THE PENINSULA SENIOR ACTIVITY CENTER October, 2024

**October 5th Breakfast
 Special - Pumpkin
 Pancakes, eggs, sausage!!
 \$9. 8:30 to 10 am.**



OCT. 11TH - OCTOBER FEST DAY!!!

Late Harvest Festival. 9 am to 3 pm.
 Vendors in Main Event Room!!

October Fest Lunch! Brats, Polish Sausage,
 Curry wurst. 11 am to 2 pm.

October Fest Dinner 6 pm. Jaeger Schnitzel,
 Hot German Potato Salad, Sweet and Sour
 Cabbage, German Rye Bread and German
 Chocolate Cake!! \$15 per person. Please
 RSVP.

October Fest Karaoke and Dancing. After
 dinner to 10 pm.???



**October 19th - Breakfast
 - Special
 8:30 - 10:00
 Raspberry
 Stuffed
 French Toast**



**October 25th & 26th
 Christmas Bazaar
 9 am to 4 pm
 11-2 Christmas Bazaar
 Lunch Taco Soup We only
 make this at this time of the
 year!!!**